



# Reiki Rays of Hope for Caregivers, Inc.

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## Reiki Master Teachers of Caregivers for REIKI Rays of Hope

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[www.reikiraysofhope.org](http://www.reikiraysofhope.org)

**It is hard to believe that the month of March will mark the completion of four years of operation for our non-profit organization. If you are reading this newsletter, you have helped us to grow and succeed in touching many lives with the gift of Reiki. We thank you and continue to ask for your support in our important mission.**

## 2010 ACCOMPLISHMENTS

- Exceeded our goal of teaching Reiki free of charge to more than 1000 caregivers in northern Ohio
- Hosted our Second Annual National Reiki Conference in October
- Sold hundreds of our Reiki curriculum products in the USA and abroad
- Opened RROH membership option to all interested parties
- Designed and taught new advanced classes for Reiki master teachers
- Produced new kit (includes 15 min. DVD and blueprint for implementation) for marketing Reiki to health care facilities
- Used grant from the Breakfast Club of Beachwood to train more parents of children with Autism
- Completed first Reiki class for patients with psoriasis in collaborative research with University Hospital Department of Dermatology
- Taught Reiki to staff at the Veteran's Administration in Cleveland

## 2011 GOALS

- Continue to host National Reiki Conference
- Begin to teach children Reiki classes, including those with Autism who are able
- Enter collaborative project with Cleveland's new University Ahuja Medical Center to provide Reiki services as part of the integrative medicine program
- Expand Reiki programs vigorously into Summit and Stark Counties

## 2011 GOALS *continued*

- Create Reiki Share program for Reiki practitioners to give and receive Reiki treatments from one another
- Explore provision of follow-up Reiki activities for caregivers already trained by RROH
- Explore becoming a CEU provider for professional caregivers, such as nurses
- Expand the RROH website to add YouTube demos of Reiki and RROH work
- Explore hosting national Reiki instructional telecasts

### SAVE THE DATE

For the Third  
National Reiki  
Conference  
at the Mediterranean  
Party Center in  
Bedford Heights, OH

Saturday, October 29 &  
Sunday, October 30, 2011  
8 a.m. – 5 p.m.

## RROH and University Hospital Ahuja Medical Center

Cleveland's University Hospital will be opening its new \$298 million state-of-the-art Ahuja Medical Center in Beachwood in February, 2011.

RROH is in discussion with administrators about providing Reiki services and classes to staff, patients and caregiving families in the new facility.

Reiki would be one of the integrative medical approaches to be featured, which may also include massotherapy, acupuncture, homeopathy and yoga. It would be an exciting opportunity for RROH to be part of initiating an innovative integrative medical program from the commencement of operations in a new health care facility. We will keep you updated as the project unfolds.



Photo of Ahuja Medical Center  
Photo Credit: Crain's  
Cleveland Business

Check out our website  
for info on our new product  
[www.reikiraysofhope.org](http://www.reikiraysofhope.org)

***WE NEED YOUR FINANCIAL SUPPORT!!***

**WE ARE TOTALLY DEPENDENT ON PRIVATE DONATIONS & GRANTS FOR OPERATION**

Your contribution enables us to provide Reiki classes to:  
caregivers of ill loved ones; professionals such as nurses; parents of children  
with special needs and caregivers experiencing their own health challenges.

**ANY AMOUNT YOU CAN GIVE IS NEEDED AND APPRECIATED.**

**PAYABLE TO REIKI RAYS OF HOPE FOR CAREGIVERS, INC.**

**9592 DUBLIN LANE,  
MENTOR , OHIO 44060**

#### **Our Mission Statement:**

To empower caregivers through instruction in Reiki relaxation to help and comfort themselves and those in their care